

MTBO-Sprint træning**Stræktider****Kjellerup by og park-01-05-2020**

Plads Navn

Klasse

Tid

D1**1 Camilla Søgaard****4****28:09**

00:29= 00:59= 01:12= 01:35= 01:55= 03:40= 04:38= 05:09= 06:07= 07:46= 08:41= 09:36= 11:54= 12:41= 13:25= 14:51= 16:18= 17:45= 18:21= 19:33= 20:51= 21:33= 22:44= 25:55= 26:22= 26:41=
 00:29= 00:30= 00:13= 00:23= 00:20= 01:45= 00:58= 00:31= 00:58= 01:39= 00:55= 00:55= 02:18= 00:47= 00:44= 01:26= 01:27= 01:27= 00:36= 01:12= 01:18= 00:42= 01:11= 03:11= 00:27= 00:19=
 00:00=
 28:01= 28:09=
 01:20= 00:08=
 00:00= 00:00=

2 Nikoline Splittorff**3****30:21**

00:30+ 01:05+ 01:34+ 01:59+ 02:25+ 04:27+ 05:13+ 05:41+ 06:37+ 08:20+ 09:19+ 10:36+ 12:48+ 13:35+ 14:11+ 15:44+ 17:09+ 18:49+ 19:33+ 21:01+ 22:37+ 23:22+ 24:32+ 27:46+ 28:27+ 28:51+
 00:30+ 00:35+ 00:29+ 00:25+ 00:26+ 02:02+ 00:46- 00:28- 00:56- 01:43+ 00:59+ 01:17+ 02:12- 00:47= 00:36- 01:33+ 01:25- 01:40+ 00:44+ 01:28+ 01:36+ 00:45+ 01:10- 03:14+ 00:41+ 00:24+
 00:01+ 00:05# 00:16@ 00:02+ 00:06& 00:17# 00:12- 00:03- 00:02- 00:04+ 00:04+ 00:22& 00:06- 00:00= 00:08- 00:07+ 00:02- 00:13# 00:08# 00:16# 00:18# 00:03+ 00:01- 00:03+ 00:14& 00:05&
 30:12+ 30:21+
 01:21+ 00:09+
 00:01+ 00:01#

3 Cæcille Christoffersen**7****30:49**

00:33+ 01:18+ 01:39+ 02:08+ 02:34+ 04:27+ 05:31+ 05:57+ 06:58+ 08:35+ 09:32+ 10:20+ 13:10+ 14:03+ 14:40+ 16:16+ 17:48+ 19:28+ 20:06+ 21:22+ 22:55+ 23:44+ 24:54+ 28:21+ 28:52+ 29:17+
 00:33+ 00:45+ 00:21+ 00:29+ 00:26+ 01:53+ 01:04+ 00:26- 01:01+ 01:37- 00:57+ 00:48- 02:50+ 00:53+ 00:37- 01:36+ 01:32+ 01:40+ 00:38+ 01:16+ 01:33+ 00:49+ 01:10- 03:27+ 00:31+ 00:25+
 00:04# 00:15& 00:08& 00:06& 00:06& 00:08+ 00:06# 00:05- 00:03+ 00:02- 00:02+ 00:07- 00:32# 00:06# 00:07- 00:10# 00:05+ 00:13# 00:02+ 00:04+ 00:15# 00:07# 00:01- 00:16+ 00:04# 00:06&
 30:39+ 30:49+
 01:22+ 00:10+
 00:02+ 00:02#

4 Birka Øhlschlæger**10****35:45**

00:37+ 01:25+ 01:51+ 02:31+ 02:58+ 05:12+ 06:21+ 06:58+ 08:01+ 09:48+ 10:46+ 11:40+ 14:51+ 15:42+ 16:23+ 18:21+ 20:05+ 21:59+ 22:54+ 25:16+ 26:49+ 28:00+ 29:39+ 33:22+ 33:56+ 34:19+
 00:37+ 00:48+ 00:26+ 00:40+ 00:27+ 02:14+ 01:09+ 00:37+ 01:03+ 01:47+ 00:58+ 00:54- 03:11+ 00:51+ 00:41- 01:58+ 01:44+ 01:54+ 00:55+ 02:22+ 01:33+ 01:11+ 01:39+ 03:43+ 00:34+ 00:23+
 00:08& 00:18& 00:13& 00:17& 00:07& 00:29& 00:11# 00:06# 00:05+ 00:08+ 00:03+ 00:01- 00:53& 00:04+ 00:03- 00:32& 00:17# 00:27& 00:19& 01:10& 00:15# 00:29& 00:28& 00:32# 00:07& 00:04#
 35:45+
 01:26+
 00:06+

5 Anne Loftager**12****42:35**

9460:45+ 9461:48+ 9462:23+ 9463:04+ 9463:38+ 9466:19+ 9467:54+ 9468:46+ 9469:49+ 9471:43+ 9472:48+ 9473:49+ 9478:03+ 9478:58+ 9480:58+ 9483:09+ 9487:43+ 9488:39+ 9490:20+ 9491:59+ 9493:00+ 9494:39+ 9498:57+ 9499:45+ 9500:
 9460:45+ 01:03+ 00:35+ 00:41+ 00:34+ 02:41+ 01:35+ 00:52+ 01:03+ 01:54+ 01:05+ 01:01+ 04:14+ 00:55+ 02:00+ 02:11+ 04:34+ 00:56- 01:41+ 01:39+ 01:01- 01:39+ 04:18+ 00:48- 00:31+ 01:26+
 9460:16@ 00:33@ 00:22@ 00:18& 00:14& 00:56& 00:37& 00:21& 00:05+ 00:15# 00:10# 00:06# 01:56& 00:08# 01:16@ 00:45& 03:07@ 00:31- 01:05@ 00:27& 00:17- 00:57@ 03:07@ 02:23- 00:04# 01:07@
 9501:56+
 00:14-
 01:06-

6 Tine Gade Hansen**Vo****47:30**

00:46+ 01:33+ 01:51+ 02:48+ 03:29+ 06:55+ 08:22+ 08:57+ 10:13+ 12:25+ 13:32+ 14:41+ 18:13+ 20:15+ 21:24+ 22:17+ 24:16+ 26:34+ 29:15+ 30:06+ 32:51+ 35:20+ 36:30+ 38:40+ 43:51+ 44:39+
 00:46+ 00:47+ 00:18+ 00:57+ 00:41+ 03:26+ 01:27+ 00:35+ 01:16+ 02:12+ 01:07+ 01:09+ 03:32+ 02:02+ 01:09+ 00:53- 01:59+ 02:18+ 02:41+ 00:51- 02:45+ 02:29+ 01:10- 02:10- 05:11+ 00:48+
 00:17& 00:17& 00:05& 00:34@ 00:21@ 01:41& 00:29& 00:04# 00:18& 00:33& 00:12# 00:14& 01:14& 01:15@ 00:25& 00:33- 00:32& 00:51& 02:05@ 00:21- 01:27@ 01:47@ 00:01- 01:01- 04:44@ 00:29@
 45:37+ 47:19+ 47:30+
 00:58- 01:42+ 00:11+
 00:22- 01:34@ 00:11+

Beste stræktid for klassen

00:29 00:30 00:13 00:20 01:45 00:46 00:26 00:56 01:37 00:55 00:48 02:12 00:47 00:36 00:53 01:25 00:56 00:36 00:51 01:01 00:42 01:10 00:48 00:27 00:19 00:14 00:00

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D2

D2

1	Theresa Skouboe	4	31:11																						
00:25=	00:59=	01:46=	02:26=	03:02=	05:41=	06:44=	07:20=	09:08=	11:21=	13:09=	14:15=	16:53=	17:59=	19:08=	19:55=	22:01=	23:47=	25:50=	26:33=	28:22=	29:08=	30:19=	30:58=	31:11=	
00:25=	00:34=	00:47=	00:40=	00:36=	02:39=	01:03=	00:36=	01:48=	02:13=	01:48=	01:06=	02:38=	01:06=	01:09=	00:47=	02:06=	01:46=	02:03=	00:43=	01:49=	00:46=	01:11=	00:39=	00:13=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Gertrud Riis Madsen	Rsok	32:30																						
00:22+	00:52+	01:30+	02:12+	02:33+	04:38+	05:27+	06:13+	07:13+	09:04+	10:41+	12:06+	15:20+	16:26+	17:51+	20:51+	23:15+	25:39+	27:36+	28:16+	29:53+	30:36+	31:49+	32:18+	32:30+	
00:22+	00:30+	00:38+	00:42+	00:21+	02:05+	00:49+	00:46+	01:00+	01:51+	01:37+	01:25+	03:14+	01:06+	01:25+	03:00+	02:24+	02:24+	01:57+	00:40+	01:37+	00:43+	01:13+	00:29+	00:12+	
00:22+	00:30+	00:38+	00:42+	00:21+	02:05+	00:49+	00:46+	01:00+	01:51+	01:37+	01:25+	03:14+	01:06+	01:25+	03:00+	02:24+	02:24+	01:57+	00:40+	01:37+	00:43+	01:13+	00:29+	00:12+	
3	Ida Riis Madsen	Rsok	33:19																						
00:23+	01:07+	01:52+	02:54+	03:20+	06:00+	07:21+	07:57+	09:20+	11:34+	12:44+	13:48+	16:53+	18:05+	19:13+	20:10+	22:14+	24:06+	26:27+	27:21+	29:52+	30:54+	32:23+	33:06+	33:19+	
00:23+	00:44+	00:45+	01:02+	00:26+	02:40+	01:21+	00:36+	01:23+	02:14+	01:10+	01:04+	03:05+	01:12+	01:08+	00:57+	02:04+	01:52+	02:21+	00:54+	02:31+	01:02+	01:29+	00:43+	00:13+	
00:23+	00:44+	00:45+	01:02+	00:26+	02:40+	01:21+	00:36+	01:23+	02:14+	01:10+	01:04+	03:05+	01:12+	01:08+	00:57+	02:04+	01:52+	02:21+	00:54+	02:31+	01:02+	01:29+	00:43+	00:13+	
4	Runa Iversen	4	35:09																						
00:25+	00:53+	01:45+	02:27+	02:59+	05:24+	06:38+	07:09+	08:37+	10:51+	12:06+	13:24+	16:45+	18:10+	19:45+	21:29+	24:05+	25:55+	28:23+	29:16+	31:34+	32:34+	34:10+	34:55+	35:09+	
00:25+	00:28+	00:52+	00:42+	00:32+	02:25+	01:14+	00:31+	01:28+	02:14+	01:15+	01:18+	03:21+	01:25+	01:35+	01:44+	02:36+	01:50+	02:28+	00:53+	02:18+	01:00+	01:36+	00:45+	00:14+	
00:25+	00:28+	00:52+	00:42+	00:32+	02:25+	01:14+	00:31+	01:28+	02:14+	01:15+	01:18+	03:21+	01:25+	01:35+	01:44+	02:36+	01:50+	02:28+	00:53+	02:18+	01:00+	01:36+	00:45+	00:14+	
5	Johanne Skouboe	4	39:02																						
00:25+	00:54+	01:46+	02:31+	03:14+	06:24+	07:43+	08:20+	09:40+	12:07+	13:31+	15:01+	18:56+	20:09+	22:02+	23:45+	26:17+	28:36+	31:06+	32:14+	34:29+	35:29+	37:56+	38:49+	39:02+	
00:25+	00:29+	00:52+	00:45+	00:43+	03:10+	01:19+	00:37+	01:20+	02:27+	01:24+	01:30+	03:55+	01:13+	01:53+	01:43+	02:32+	02:19+	02:30+	01:08+	02:15+	01:00+	02:27+	00:53+	00:13+	
00:25+	00:29+	00:52+	00:45+	00:43+	03:10+	01:19+	00:37+	01:20+	02:27+	01:24+	01:30+	03:55+	01:13+	01:53+	01:43+	02:32+	02:19+	02:30+	01:08+	02:15+	01:00+	02:27+	00:53+	00:13+	
6	Anne Riis	Rsok	50:12																						
00:32+	01:14+	02:02+	02:52+	03:28+	07:28+	08:55+	09:48+	10:19+	11:56+	14:19+	15:42+	17:27+	22:00+	23:21+	24:57+	33:18+	35:51+	38:35+	41:56+	42:53+	45:37+	47:24+	49:14+	49:58+	50:12+
00:32+	00:42+	00:48+	00:50+	00:36+	04:00+	01:27+	00:53+	00:31+	01:37+	02:23+	01:23+	01:45+	04:33+	01:21+	01:36+	08:21+	02:33+	02:44+	03:21+	00:57+	02:44+	01:47+	01:50+	00:44+	00:14+
00:32+	00:42+	00:48+	00:50+	00:36+	04:00+	01:27+	00:53+	00:31+	01:37+	02:23+	01:23+	01:45+	04:33+	01:21+	01:36+	08:21+	02:33+	02:44+	03:21+	00:57+	02:44+	01:47+	01:50+	00:44+	00:14+
7	Annelise Maclassen	8	57:44																						
00:51+	02:54+	04:06+	05:31+	06:15+	10:11+	12:50+	17:02+	19:07+	22:50+	24:44+	26:30+	32:13+	34:14+	36:15+	37:38+	40:44+	43:25+	46:38+	48:00+	50:46+	52:47+	56:32+	57:23+	57:44+	
00:51+	02:03+	01:12+	01:25+	00:44+	03:56+	02:39+	04:12+	02:05+	03:43+	01:54+	01:46+	05:43+	02:01+	02:01+	01:23+	03:06+	02:41+	03:13+	01:22+	02:46+	02:01+	03:45+	00:51+	00:21+	
00:51+	02:03+	01:12+	01:25+	00:44+	03:56+	02:39+	04:12+	02:05+	03:43+	01:54+	01:46+	05:43+	02:01+	02:01+	01:23+	03:06+	02:41+	03:13+	01:22+	02:46+	02:01+	03:45+	00:51+	00:21+	

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D3

1	Lene Bejer Damgaard	Vo	20:43														
00:29=	01:00=	01:33=	02:22=	04:20=	06:20=	08:16=	08:56=	11:05=	12:52=	13:55=	15:15=	17:52=	18:33=	19:28=	19:56=	20:29=	20:43=
00:29=	00:31=	00:33=	00:49=	01:58=	02:00=	01:56=	00:40=	02:09=	01:47=	01:03=	01:20=	02:37=	00:41=	00:55=	00:28=	00:33=	00:14=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Britta Frederiksen	2	30:57														
00:35+	01:36+	03:06+	04:30+	05:36+	07:59+	12:06+	13:10+	14:43+	17:23+	19:44+	22:12+	25:45+	26:39+	28:53+	29:44+	30:39+	30:57+
00:35+	01:01+	01:30+	01:24+	01:06-	02:23+	04:07+	01:04+	01:33-	02:40+	02:21+	02:28+	03:33+	00:54+	02:14+	00:51+	00:55+	00:18+
00:06#	00:30&	00:57@	00:35&	00:52-	00:23#	02:11@	00:24&	00:36-	00:53&	01:18@	01:08&	00:56&	00:13&	01:19@	00:23&	00:22&	00:04&
3	Anne-Mette Kirkegaard	10	37:58														
00:36+	01:39+	02:53+	04:56+	05:50+	09:05+	15:41+	18:35+	20:54+	24:47+	26:25+	28:13+	32:33+	33:37+	35:24+	36:19+	37:30+	37:58+
00:36+	01:03+	01:14+	02:03+	00:54-	03:15+	06:36+	02:54+	02:19+	03:53+	01:38+	01:48+	04:20+	01:04+	01:47+	00:55+	01:11+	00:28+
00:07#	00:32@	00:41@	01:14@	01:04-	01:15&	04:40@	02:14@	00:10+	02:06@	00:35&	00:28&	01:43&	00:23&	00:52&	00:27&	00:38@	00:14&

D3

Beste stræktid for klassen

00:29 00:31 00:33 00:49 00:54 02:00 01:56 00:40 01:33 01:47 01:03 01:20 02:37 00:41 00:55 00:28 00:33 00:14

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D5

1 Kristine Skouboe 4 24:37

00:30= 01:36= 03:01= 06:23= 08:27= 10:29= 13:24= 15:53= 17:57= 18:45= 23:02= 24:20= 24:37=
 00:30= 01:06= 01:25= 03:22= 02:04= 02:02= 02:55= 02:29= 02:04= 00:48= 04:17= 01:18= 00:17=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Sofie Gade Hansen Aok 37:31

01:16+ 03:39+ 06:36+ 11:12+ 15:22+ 18:54+ 23:33+ 26:31+ 29:13+ 29:51+ 35:32+ 36:59+ 37:31+
 01:16+ 02:23+ 02:57+ 04:36+ 04:10+ 03:32+ 04:39+ 02:58+ 02:42+ 00:38- 05:41+ 01:27+ 00:32+
 00:46@ 01:17@ 01:32@ 01:14& 02:06@ 01:30& 01:44& 00:29# 00:38& 00:10- 01:24& 00:09# 00:15&

3 Olivia Gade Hansen Aok 41:30

00:52+ 02:50+ 05:07+ 12:02+ 16:26+ 20:32+ 26:47+ 30:57+ 33:08+ 34:43+ 39:48+ 40:59+ 41:30+
 00:52+ 01:58+ 02:17+ 06:55+ 04:24+ 04:06+ 06:15+ 04:10+ 02:11+ 01:35+ 05:05+ 01:11- 00:31+
 00:22& 00:52& 00:52& 03:33@ 02:20@ 02:04@ 03:20@ 01:41& 00:07+ 00:47& 00:48# 00:07- 00:14&

Beste stræktid for klassen

00:30 01:06 01:25 03:22 02:04 02:02 02:55 02:29 02:04 00:38 04:17 01:11 00:17

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H1

1 Thomas Steinthal 2 25:45

00:25= 01:00= 01:13= 01:39= 01:59= 03:28= 04:08= 04:35= 05:23= 06:51= 07:49= 08:37= 10:52= 11:32= 12:04= 13:27= 14:40= 16:12= 16:58= 18:04= 19:15= 19:55= 21:08= 23:51= 24:15= 24:32=
 00:25= 00:35= 00:13= 00:26= 00:20= 01:29= 00:40= 00:27= 00:48= 01:28= 00:58= 00:48= 02:15= 00:40= 00:32= 01:23= 01:13= 01:32= 00:46= 01:06= 01:11= 00:40= 01:13= 02:43= 00:24= 00:17=
 00:00=
 25:37= 25:45=
 01:05= 00:08=
 00:00= 00:00=

2 Allan Jensen 10 27:57

00:26+ 01:09+ 01:33+ 01:58+ 02:18+ 03:54+ 04:40+ 05:03+ 05:51+ 07:22+ 08:15+ 09:01+ 11:28+ 12:12+ 13:36+ 15:01+ 16:18+ 17:48+ 18:45+ 20:22+ 21:33+ 22:16+ 23:23+ 26:07+ 26:31+ 26:49+
 00:26+ 00:43+ 00:24+ 00:25- 00:20= 01:36+ 00:46+ 00:23- 00:48= 01:31+ 00:53- 00:46- 02:27+ 00:44+ 01:24+ 01:25+ 01:17+ 01:30- 00:57+ 01:37+ 01:11= 00:43+ 01:07- 02:44+ 00:24= 00:18+
 00:01+ 00:08# 00:11& 00:01- 00:00= 00:07+ 00:06# 00:04- 00:00= 00:03+ 00:05- 00:02- 00:12+ 00:04# 00:52@ 00:02+ 00:04+ 00:02- 00:11# 00:31& 00:00= 00:03+ 00:06- 00:01+ 00:00= 00:01+
 27:49+ 27:57+
 01:00- 00:08=
 00:05- 00:00=

3 Johan Maclassen 8 28:41

00:36+ 01:29+ 01:49+ 02:12+ 02:33+ 04:15+ 05:00+ 05:38+ 06:29+ 08:06+ 08:59+ 09:53+ 12:24+ 13:03+ 13:40+ 15:15+ 16:40+ 18:16+ 18:52+ 20:10+ 21:24+ 22:06+ 23:14+ 26:21+ 26:53+ 27:15+
 00:36+ 00:53+ 00:20+ 00:23- 00:21+ 01:42+ 00:45+ 00:38+ 00:51+ 01:37+ 00:53- 00:54+ 02:31+ 00:39- 00:37+ 01:35+ 01:25+ 01:36+ 00:36- 01:18+ 01:14+ 00:42+ 01:08- 03:07+ 00:32+ 00:22+
 00:11& 00:18& 00:07& 00:03- 00:01+ 00:13# 00:05# 00:11& 00:03+ 00:09# 00:05- 00:06# 00:16# 00:01- 00:05# 00:12# 00:12# 00:04+ 00:10- 00:12# 00:03+ 00:02+ 00:05- 00:24# 00:08& 00:05&
 28:33+ 28:41+
 01:18+ 00:08=
 00:13# 00:00=

Class	Navn	Klasse										Tid									
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H1

4	Bjarne Hoffmann										11	28:52													
00:30+	01:27+	01:43+	02:05+	02:29+	04:11+	05:04+	05:34+	06:25+	08:08+	09:09+	09:50+	12:24+	13:09+	13:47+	15:13+	16:34+	18:01+	18:41+	20:33+	21:53+	22:33+	23:41+	26:44+	27:11+	27:33+
00:30+	00:57+	00:16+	00:22-	00:24+	01:42+	00:53+	00:30+	00:51+	01:43+	01:01+	00:41-	02:34+	00:45+	00:38+	01:26+	01:21+	01:27-	00:40-	01:52+	01:20+	00:40=	01:08-	03:03+	00:27+	00:22+
00:05#	00:22&	00:03#	00:04-	00:04#	00:13#	00:13&	00:03#	00:03+	00:15#	00:03+	00:07-	00:19#	00:05#	00:06#	00:03+	00:08#	00:05-	00:06-	00:46&	00:09#	00:00=	00:05-	00:20#	00:03#	00:05&
28:44+	28:52+																								
01:11+	00:08=																								
00:06+	00:00=																								

5	Tommy Damsgaard										12	33:02													
00:34+	01:16+	01:34+	02:03+	02:30+	05:06+	05:50+	06:17+	07:10+	09:15+	10:15+	11:24+	14:03+	14:43+	15:21+	17:08+	18:29+	20:18+	21:24+	23:03+	24:31+	25:19+	26:39+	30:44+	31:14+	31:38+
00:34+	00:42+	00:18+	00:29+	00:27+	02:36+	00:44+	00:27+	00:53+	02:05+	01:00+	01:09+	02:39+	00:40+	00:38+	01:47+	01:21+	01:49+	01:06+	01:39+	01:28+	00:48+	01:20+	04:05+	00:30+	00:24+
00:34+	00:42+	00:18+	00:29+	00:27+	02:36+	00:44+	00:27+	00:53+	02:05+	01:00+	01:09+	02:39+	00:40+	00:38+	01:47+	01:21+	01:49+	01:06+	01:39+	01:28+	00:48+	01:20+	04:05+	00:30+	00:24+
32:52+	33:02+																								
01:14+	00:10+																								
01:14+	00:10+																								

6	Carl Peter Noe										10	49:49													
00:50+	02:05+	02:40+	03:23+	03:58+	07:20+	08:52+	09:37+	11:17+	14:25+	15:48+	17:16+	21:43+	23:04+	24:18+	26:47+	29:14+	31:49+	32:52+	35:12+	37:36+	38:49+	41:01+	45:39+	46:20+	47:36+
00:50+	01:15+	00:35+	00:43+	00:35+	03:22+	01:32+	00:45+	01:40+	03:08+	01:23+	01:28+	04:27+	01:21+	01:14+	02:29+	02:27+	02:35+	01:03+	02:20+	02:24+	01:13+	02:12+	04:38+	00:41+	01:16+
00:50+	01:15+	00:35+	00:43+	00:35+	03:22+	01:32+	00:45+	01:40+	03:08+	01:23+	01:28+	04:27+	01:21+	01:14+	02:29+	02:27+	02:35+	01:03+	02:20+	02:24+	01:13+	02:12+	04:38+	00:41+	01:16+
49:37+	49:49+																								
02:01+	00:12+																								
02:01+	00:12+																								

7	Flemming Johannsen										Sok	54:23													
00:59+	02:27+	02:56+	03:35+	04:16+	07:59+	09:23+	10:46+	12:19+	14:31+	16:09+	17:28+	21:25+	22:38+	25:19+	27:28+	29:53+	32:25+	35:52+	40:07+	42:13+	43:19+	45:16+	49:43+	50:59+	51:31+
00:59+	01:28+	00:29+	00:39+	00:41+	03:43+	01:24+	01:23+	01:33+	02:12+	01:38+	01:19+	03:57+	01:13+	02:41+	02:09+	02:25+	02:32+	03:27+	04:15+	02:06+	01:06+	01:57+	04:27+	01:16+	00:32+
00:59+	01:28+	00:29+	00:39+	00:41+	03:43+	01:24+	01:23+	01:33+	02:12+	01:38+	01:19+	03:57+	01:13+	02:41+	02:09+	02:25+	02:32+	03:27+	04:15+	02:06+	01:06+	01:57+	04:27+	01:16+	00:32+
54:11+	54:23+																								
02:40+	00:12+																								
02:40+	00:12+																								

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H2

1	Louis Steinthal										2	31:55												
00:23=	00:54=	01:40=	02:32=	02:51=	05:15=	06:24=	07:19=	08:35=	10:44=	11:56=	13:45=	16:41=	17:45=	18:36=	19:25=	21:28=	23:21=	25:39=	26:22=	28:23=	29:46=	31:15=	31:45=	31:55=
00:23=	00:31=	00:46=	00:52=	00:19=	02:24=	01:09=	00:55=	01:16=	02:09=	01:12=	01:49=	02:56=	01:04=	00:51=	00:49=	02:03=	01:53=	02:18=	00:43=	02:01=	01:23=	01:29=	00:30=	00:10=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Lennart Bo Kristiansen										Vo	35:04												
00:36+	01:27+	02:36+	03:32+	03:52+	06:32+	07:49+	08:26+	09:41+	12:11+	13:27+	14:33+	18:15+	19:27+	20:37+	21:59+	23:56+	26:52+	28:57+	29:56+	31:57+	32:57+	34:26+	34:53+	35:04+
00:36+	00:51+	01:09+	00:56+	00:20+	02:40+	01:17+	00:37-	01:15-	02:30+	01:16+	01:06-	03:42+	01:12+	01:10+	01:22+	01:57-	02:56+	02:05-	00:59+	02:01=	01:00-	01:29=	00:27-	00:11+
00:13&	00:20&	00:23&	00:04+	00:01+	00:16#	00:08#	00:18-	00:01-	00:21#	00:04+	00:43-	00:46&	00:08#	00:19&	00:33&	00:06-	01:03&	00:13-	00:16&	00:00=	00:23-	00:00=	00:03-	00:01#

3	Michael Schmidt										Vok	43:22													
00:09-	2537:52+	2538:37+	2539:18+	2540:10+	2540:34+	2544:45+	2546:02+	2547:20+	2548:47+	2556:10+	2557:43+	2559:35+	2563:33+	2564:51+	2569:58+	2572:02+	2574:28+	2579:30+	2581:48+	2582:41+	2586:22+	2587:03+	2588:37+	2589:00+	
00:09-	2537:43+	00:45-	00:41-	00:52+	00:24-	04:11+	01:17+	01:18+	01:27-	07:23+	01:33-	01:52-	03:58+	01:18+	05:07+	02:04+	02:26+	05:02+	02:18+	00:53-	03:41+	00:41-	01:34+	00:32+	00:13+
00:14-	2537:12@	00:01-	00:11-	00:33@	02:00-	03:02@	00:22&	00:02+	00:42-	06:11@	00:16-	01:04-	02:54@	00:27&	04:18@	00:01+	00:33&	02:44@	01:35@	01:08-	02:18@	00:48-	01:04@	00:22@	00:13+

4	Rasmus Gade Hansen										Vo	50:44												
00:43+	01:35+	02:24+	03:27+	03:57+	09:26+	11:09+	11:52+	13:29+	16:08+	17:48+	21:45+	26:07+	27:33+	29:15+	31:38+	34:37+	37:47+	41:13+	42:44+	45:29+	46:43+	49:41+	50:28+	50:44+
00:43+	00:52+	00:49+	01:03+	00:30+	05:29+	01:43+	00:43-	01:37+	02:39+	01:40+	03:57+	04:22+	01:26+	01:42+	02:23+	02:59+	03:10+	03:26+	01:31+	02:45+	01:14-	02:58+	00:47+	00:16+
00:20&	00:21&	00:03+	00:11#	00:11&	03:05@	00:34&	00:12-	00:21&	00:30#	00:28&	02:08@	01:26&	00:22&	00:51&	01:34@	00:56&	01:17&	01:08&	00:48@	00:44&	00:09-	01:29&	00:17&	00:06&

H2

Beste stræktid for klassen

00:09 00:31 00:45 00:41 00:19 00:24 01:09 00:37 01:15 01:27 01:12 01:06 01:52 01:04 00:51 00:49 01:57 01:53 02:05 00:43 00:53 01:00 00:41 00:27 00:10

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H3

1 John Rasmussen 10 27:22

00:28= 01:13= 01:57= 03:16= 04:11= 07:32= 09:28= 10:15= 14:04= 16:14= 18:07= 19:40= 23:01= 23:36= 25:35= 26:16= 27:02= 27:22=
 00:28= 00:45= 00:44= 01:19= 00:55= 03:21= 01:56= 00:47= 03:49= 02:10= 01:53= 01:33= 03:21= 00:35= 01:59= 00:41= 00:46= 00:20=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Claus Poulsen 10 28:43

00:39+ 01:25+ 02:13+ 03:06- 03:27- 05:28- 08:05- 09:12- 10:53- 13:25- 14:42- 17:01- 22:03- 23:07- 25:48+ 26:41+ 28:11+ 28:43+
 00:39+ 00:46+ 00:48+ 00:53- 00:21- 02:01- 02:37+ 01:07+ 01:41- 02:32+ 01:17- 02:19+ 05:02+ 01:04+ 02:41+ 00:53+ 01:30+ 00:32+
 00:11& 00:01+ 00:04+ 00:26- 00:34- 01:20- 00:41& 00:20& 02:08- 00:22# 00:36- 00:46& 01:41& 00:29& 00:42& 00:12& 00:44& 00:12&

Beste stræktid for klassen

00:28 00:45 00:44 00:53 00:21 02:01 01:56 00:47 01:41 02:10 01:17 01:33 03:21 00:35 01:59 00:41 00:46 00:20

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.